

Tazria (“She conceived”) and Metzora (“Leper”) תזר'ע מצרע

## **תזר'ע מצרע**

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Tazria-Metzora תזר'ע מצרע

### **Tuesday's Tale of the Tzaddikim**

*A Good Meal and I Am Adonai Your Healer*

### **Mitzvah List: Which of the 613 Occur in This Week's Portion**

*See end of the handout*

### **The Spiritual Root of a Disease**

*Choleh (root of chet and lamed); Machalah, chalash, chayil, challal*

*Mechilah, vayachel*

### **Mashiach the Metzora**

### **The Flight to Freedom**

### **Context and Perspective**

### **Tzara'at on the House**

### **Mussar Moments**

*Healing Subconscious Flaws*

*Symptoms of Spiritual Blockage*

*Pride and Arrogance*

### **A Final Word on Pure and Impure (Clean and Unclean)**

**Mitzvah List****Parashat Tazria and Metzora**

*To ascribe uncleanness to a woman who has given birth*

*Not to eat holy things when ritually unclean*

*To offer the prescribed sacrifices after childbirth*

*To ascribe uncleanness to a leper*

*Not to shave the area of a leprous scale*

*To tear the garments and uncover the head of a leper*

*To ascribe uncleanness to the garments of a leper or garments affected by leprosy*

*To cleanse leprosy*

*To shave the leper*

*To immerse in a mikvah*

*To offer the offering of a leper*

*To purify a leprous house*

*To ascribe uncleanness to the zav*

*To ascribe uncleanness to a man's seed*

*To ascribe uncleanness to a menstruating woman*

*To ascribe uncleanness to a zavah*

*To offer the purification offering of a zavah*